

# **Building a Bridge to Better Health Coalition (BBBHC)**



Enriching Community Transitions & Healthcare through Communication, Collaboration and Coordination

# Meeting Summary Thursday, January 23, 2014, 11:00am – 1:00pm John T. O'Connor Senior Citizens Center 611 Winona Street, Knoxville, Tennessee

### **A**TTENDEES

39 people attended representing 25 different organizations.

#### **WELCOME / INTRODUCTIONS**

Dottie Lyvers, East Tennessee Area Agency on Aging and Disability, welcomed everyone and asked all members to introduce themselves. Senior Directory was thanked for sponsoring lunch. The John T. O'Connor Senior Citizens Center was thanked for hosting the meeting. Susan Long, Director of the Knox County Office on Aging, welcomed everyone and provided a brief overview of O'Connor and the Daily Living Center.

# **PREVIOUS MEETING HIGHLIGHTS**

The December 5, 2013 meeting was briefly highlighted. Members were thanked for providing input before and during the meeting regarding 2014 planning and top focus areas

# **TOP FOCUS AREAS FOR 2014**

Based on member input, the BBBHC will focus on three areas in the first part of 2014:

- Technology
- Outreach / Education
- Benchmark (i.e. learning about best practices, bringing in experts to meetings, locating tools to use in East TN)

A membership directory will be developed, to be used as a starting point to grow a resource guide for community members and healthcare professionals.

 Members were asked to complete Member Information Sheet to be included in the directory.

Survey existing care transition projects in East TN and provide list to membership.

#### **BBBHC COMMITTEES**

Based on previous feedback from members, the existing committees will remain. These include: Community Needs, Hospice / Home Health and Medication. Additional subcommittees, which will work closely with the existing committees, will be formed. These include: Website / Media and Speaker's Bureau. A sign-up sheet was distributed and interested members are as follows:

# Website / Media

- 1. Heather Haley
- 2. Melissa Collins
- 3. Connie Rust
- 4. Aaron Bradley

# Speaker's Bureau:

- 1. Tracy Widby
- 2. Walter Fitzgerald
- 3. Becky Dodson
- 4. Dr. Greg Phelps
- 5. Joanie Brock
- 6. Andy Houck

- 7. Cynthia Finch
- 8. Aaron Bradley

# **MEMBER DISCUSSION**

Members dialogued about existing services and ideas for the coalition

- Education:
  - Develop a PowerPoint that's consistent for all members to use (speakers bureau)
  - Educate healthcare professionals on differences between levels of care (skilled nursing, assisted living, rehab, etc.)
  - Educate consumers on becoming knowledgeable about insurance benefits before they need services (patients assume that insurance will cover everything they need)
  - o Empower consumers and families to get the benefits they are eligible for
- Need to identify keys and barriers to successful care transitions
- Judy Effler, Blount Memorial Hospital, briefly discussed their Transitional Care Program
- Laura Bullock, UTMC, briefly discussed their Transitional Care Program
- Conduct consumer focus group (get input about their needs)
- Transportation options SMiles (Senior Miles) assisted transportation in Blount Co.
- Dr. Greg Phelps shared the following:
  - TN End-of-Life Partnership will be meeting in East TN in the Spring / Summer
  - Working with KAPA on Winter Care Project (Advanced Directive education)
- Future BBBHC meetings:
  - Medication Programs (Walgreens, UT Clinic, etc.)
  - Lessons learned / data review
    - Publish through BBBHC to share with others)
    - Share quarterly at meetings to see where we are

# **NEXT STEPS / MOVING FORWARD**

- All Members: Complete Membership Information Form for membership directory
  - Goal is to distribute membership directory at February 27<sup>th</sup> meeting
- BBBHC Steering Committee will develop list of Care Transitions Projects
  - o Goal is to distribute list at February 27<sup>th</sup> meeting

# **NEXT MEETING**

**NOTE: LOCATION CHANGE FOR FEBRUARY MEETING** 

Thursday, February 27, 2014 11:00am – 1:00pm Burlington Branch Library 4614 Asheville Highway, Knoxville, TN 37914