



# Building a Bridge to Better Health Coalition (BBBHC)

*Enriching Community Transitions & Healthcare  
through Communication, Collaboration and Coordination*



## Meeting Summary

**Thursday, October 22, 2015, 10:00am**

**Knoxville – Knox Co. CAC Office on Aging, Knoxville, TN**

### ATTENDEES

17 people attended representing 11 different organizations.

### WELCOME

Dottie Lyvers, East Tennessee Area Agency on Aging and Disability, welcomed everyone and asked all members and guests to introduce themselves.

### PROGRAM HIGHLIGHT

Misty Goodwin provided a comprehensive presentation on the programs and services provided by the Knoxville – Knox County CAC Office on Aging. Programs include: Project LIVE (Living Independently through Volunteer Efforts), Affordable Medicine Options for Seniors (AMOS), Daily Living Center (Adult Day Care), Senior Citizens Information & Referral Service (SCIRS) / 211, Computers for Homebound & Isolated Persons (CHIPS), Foster Grandparent Program, Gift of Sight, Hearing & Dentures, Grandparents as Parents, Knox PAWS (Placing Animals with Seniors), Mobile Affordable Meal Service (MAMS) – no income requirement for ages 60 and older, O'Connor Senior Center, One Call Club, Retired & Senior Volunteer Program (RSVP), Senior Community Service Employment Program (SCSEP), Senior Companion Program, Mobile Meals and Volunteer Assisted Transportation (VAT).

Other services /initiatives include:

- CAC – Transportation program, has a contract with TennCare
- 4 case managers work at KCDC High Rises – started 7 years ago with the goal to keep people in housing, funded by the City of Knoxville.
- SNAP Grant – received from National Council on Aging (NCOA) to enroll older adults in SNAP benefits (for older adults living in any county).
- SNAP benefits are doubled-up at Farmer's Market, thanks to a 4 year grant from AARP. \$10 in SNAP benefits buys you \$20 in fresh produce at the Farmer's Market.
- Lifeline Partner – code, when used, gives money back to OOA to be used to help low-income older adults with a Lifeline system.
- VAT helps with transportation needs for discharge planning
- CAC – has a weatherization program, most of the funds are for Knoxville city residents.

“Like” the Office on Aging on Facebook. For more information, see accompanying brochure, or visit <http://www.knoxseniors.org/>. The website is kept current and up to date.

### UPDATE ON COALITION MEMBER'S INITIATIVES

Donna Harrison shared that Humana covers 10 meals post discharge for their members.

Andy Houck brought up a case study of a patient who has a wound on her foot that hasn't healed with traditional treatments. Discussion included:

- Find a solution, document the solution and share it with the Medication committee
- Corley shared that the Centers for Medicare and Medicaid Services (CMS) is interested in patient stories and engagement. Please send stories to Corley.
- Connect patient with East TN Discount Drugs to get treatment to heal wound (would need to work with doctor and patient)

Aaron Bradley suggested that the Building a Bridge to Better Health Coalition put something out in writing on a regular basis about the needs.

Allison Rainey shared that Summit is embedding pharmacists in their larger sites to help break down silos and address issues before they start.

Joe Nowell discussed doing DNA testing on Medicare patients to see what medications are best for them and to see if their profile needs to change. This led to a discussion about an ad hoc project group on DNA testing.

- DNA tests can be prescribed by a physician (once per lifetime), are completed by pharmacists and paid for by Medicare.
- The cost of the DNA test is \$500, if not on Medicare.
- Aaron suggested that the BBBHC issue a press release letting the public know that physicians can prescribe DNA tests
- Suggestion - Recruit physicians and pharmacists to participate and collect data.
- Corley suggested the BBBHC develop it as a best practice for the 5 State Alliance of Qsource (atomAlliance).
- Suggestion – a smaller group meet before the next BBBHC meeting to discuss. A signup sheet was distributed. If you are interested in participating on this ad hoc group, email Dottie at [DLyvers@ethra.org](mailto:DLyvers@ethra.org).

Sharon Woods shared that eHIN has a new Transitions of Care product. They have selected a vendor and are piloting the product with providers in the medical community. She shared that they plan to convene a small workgroup of social service agencies in about 6 months to gain input.

#### **WORKGROUPS**

The workgroups did not meet today due to time constraints.

#### **NEXT BUILDING A BRIDGE TO BETTER HEALTH COALITION MEETING**

Thursday, January 28, 2016 – ETHRA Offices

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