

Clinical Pharmacy in the Community

CURRENT PRACTICE AT BLOUNT DISCOUNT PHARMACY



About Blount Discount Pharmacy (BDP)

- ▶ Founded initially as Greenbelt Pharmacy in 1982
- ▶ Moved to current location & changed to current name in 1987
- ▶ 4 separate stores
 - ▶ Gill St in Alcoa
 - ▶ West Store in Maryville
 - ▶ Blount Memorial Hospital
 - ▶ Blount Specialty Pharmacy



Services Offered at BDP

- ▶ Compounding
- ▶ Delivery
- ▶ Provide Hospice Services for Blount Memorial Hospital
- ▶ Long Term Care Pharmacy
- ▶ Specialty Pharmacy
- ▶ Immunizations
- ▶ Diabetes Self Management Education
- ▶ Community Pharmacy Residency accredited through UTCOP
- ▶ Medication Therapy Management



Medication Therapy Management (MTM)

- ▶ What is it?
 - ▶ The right drug, taken at the right time, taken the right way
- ▶ Who qualifies?
- ▶ Why offer it?
 - ▶ Save healthcare dollars
 - ▶ Now to help insurances meet STAR measures

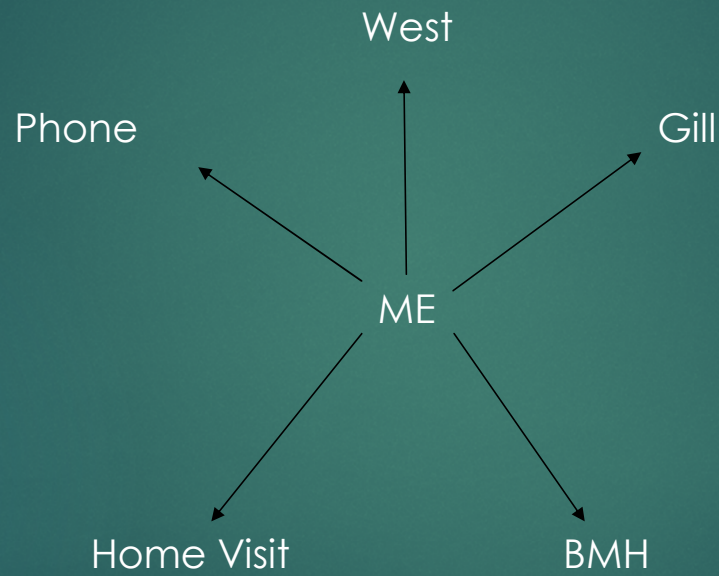


MTM Platforms Offered

- ▶ What are some you are familiar with?
- ▶ We use OutcomesMTM, Mirixa, MedMonitor & Socrxates



MTM at BDP



Example of MTM at BDP

- ▶ GB is a 56 y.o. WM loaded into Socrxates for having T2DM & not being treated w/ a statin medication for his cholesterol. We notice that he used to be on Crestor 40mg ≈ 11 months ago. Pt paying ≈ \$2K/month out of pocket for his insulins. In speaking w/ the pt, he was unable to afford the Crestor. Said he didn't feel like he needed it since his cholesterol is always "good" and his doctor's haven't mentioned it since he stopped.
- ▶ Counseled on data of HPS trial & ADA recommendation in treating cholesterol. Pt agreed for us to contact his PCP. I recommended use of Lipitor 80mg as it is <\$16 for 90 day supply



PCP Response

Drug: ATORVASTATIN 80 MG TABLET

QTY: 90 T

Refills: 3

DAW: 0

Sig: TAKE 1 TABLET BY ORAL ROUTE EVERY DAY

Doctor: DIRMEYER, C, ANDREW
Address: 266 JOULE ST
ALCOA, TN, 377012459

Phone: 865-984-3864
Fax: 865-380-1726
DEA#:
NPI#: 1407903990
License#: MD019354

Doctor Notes:

THANK YOU HAMILTON BORDEN FOR EXCELLENT CARE OF THIS PATIENT.



Example of MTM at BDP

- ▶ JL is an 87 y.o WF who has been on Atarax & Elavil for > 20 years to treat her OAB symptoms. I inform PCP that these are “high risk medications” on the BEERs list & recommended use of Ditropan XL as it is more selective for urinary muscarinic receptors w/ less ADR.



PCP's Response

Rx: Elavil 10mg sig: 1 PO QHS

Comments:

Spoke w/ pt taking both Elavil and Atarax for "her bladder" as they were both Rx'd for her since at least 2002 (when our computer Rx system starts). Since then pt has started Ditropan XL & states this has helped a whole bunch for her bladder. States she has tried it in the past but unable to tolerate ADR's. Informed her of decreased ADR's w/ extended-release.

Since Elavil and Atarax are on the BEERs list d/2 their anticholinergic effect (potentially increasing risk of fall, xerostomia, constipation, urinary retention, etc) in geriatrics, since they are identified as a High-Risk in the elderly, which negatively impacts 5-STAR ratings, since her bladder has improved after using Ditropan XL, which is more specific for detrusor's muscarinic receptor, & since pt has to pay for Atarax out of pocket since it's not covered by her insurance, would a trial of d/c w/o Elavil & Atarax be reasonable? And if pt notices change in efficacy, consider increasing Ditropan XL to 10mg as it is associated w/ less ADR than Elavil & Atarax?

Thoughts? → Agree!

THX for your time!
Hamilton Borden
Hamilton Borden, Pharm D
Blount Discount Pharmacy West
131 Montgomery Lane
Maryville, TN 37803
Phone: (865) 681-0520
Fax: (865) 681-8226

*OK Elavil & Atarax
Take Ditropan XL only
Thanks Hamilton*

"Your friendly Hometown Pharmacies"



Example of MTM at BDP

- ▶ RB is a 82 y.o. WF. When inspecting her pill bottles at her yearly MTM appt, she has ≈ 6 months worth of Eliquis, Levothyroxine & other Rx's in her pill bottles. Pt has only been on Eliquis for 14 months. Pt is low-income and her son is also on disability w/ learning needs. Collaborate w/ her home health nurse & get pt s/u on a pre-packaging system we offer through our long-term care pharmacy.



Vision for the future

- ▶ Increase payment
- ▶ Expand
- ▶ Keep loving on patients
 - ▶ “We love because Christ first loved us.” 1 John 4:19



Questions

- ▶ hborden@blountdiscountpharmacy.com
- ▶ Cell phone (865-603-4687) – (VOL-603-GOVS)

