

Building a Bridge to Better Health Coalition Meeting Summary April 25, 2013

**11:00am – 1:00pm
Cherokee Health Systems
Knoxville, Tennessee**

Attendees

34 people attended representing 27 different organizations.

Planning of Health Resource Events

Members discussed the possibility of planning for events in the fall of 2013 (TVA Fair and Foothills Fall Festival).

Events/Ideas to be Included:

- Medicare Open-Enrollment Information (David Holden, OoA/ AMOS program)
- Community Cards (to be developed by Community Committee, expected to be ready prior to event)
- COPD Screenings
- Osteoporosis Screenings
- Balance Test (Physical Therapist?)
- Other Screenings- to be determined
- GAP (Jill to look into available options)
- Medication Screenings and other medication tools
- Pfizer program –*Take Along for Good Health*, or similar program on FDA website
- Advanced Directives
- Flu Shots- Walgreens to look into feasibility of giving these at event
- Senior Services Directories from all counties in region

Possible Speakers

- Bob Coyne, *Learning to Live with a Caregiver*

Other important info to be considered:

- Co-Chairs for event need to be identified as planning progresses
- Getting assistance from LMU/TN Wesleyan nursing school students for health screenings
- WIVK- co-sponsor?

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Committees

Members broke up into three committees:

1. Community Needs
2. Hospice/Palliative Care/End of Life
3. Medication Reconciliation/Education.

Community Needs Committee Report

Members in Attendance:

- Cindy Bolduc, Kindred Healthcare
- Aaron Bradley, ETAAAD
- Melinda Bryant, Office on Aging
- Kyra Clements, Golden Age
- Becky Crabtree, Gentiva
- Judy Effler, Blount Memorial Hospital
- Donna Elkins, HealthSpring
- Talbot Fields, Select Specialty Hospital
- Veronica Gibson, HomeWatch
- David Lukens, VRI
- Kim Ross, Humana
- Nicole Simmons, UTMC
- Debbie Turley, SCHAS
- Sheila Yarber, Sweetwater Hospital Association

Notes / Ideas Discussed:

Goals: - Inform & Disseminate and Educate

TVA Fair and Foothills Fall Fair – Blood Pressure Checks

Ideas for Fairs:

- information packets on nursing homes, assisted living facilities, Humana guidance center, Plan Your Care, Ombudsman
- Generic Resource Handout with Coalition Information
- Seniors biggest concerns handout
- Define levels of care (Continuum) / Avoid Crisis Level
- Large print visuals (flow chart) – Where Does Mom Go From Here?
 - Acute Care Short Term
 - Acute Care Long Term
 - In-Patient Rehab / Outpatient
 - Skilled Nursing

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- Assisted Living with Home Health vs. Long Term Care
- Non-Medical Home Care
- Home Equipment
- Hospice
- Outpatient
- Infusion
- Options: Medicare / Medicaid

3 sub-groups identified for fairs:

- Acute Care (Sheila, Judy, Nicole, Donna, Talbot – Chair)
- Assisted Living / Skilled Nursing (Kim, Debbie – Chair, Cindy, Karen, Aaron, Ann Murphy)
- Home Health/Hospice (David, Melinda, Debbie, Becky, Kyra)

Hospice/ End of Life Issues Committee Report

Members in Attendance:

- Jill Beason, Tennova Healthcare
- Dawn Carpenter, Sweetwater Hospital Association
- Stefanie Cucciarre, East Tennessee Health Care
- Erin Hill, KAPA
- Andy Houck, Stay at Home
- Dr. Greg Phelps, UT Hospice
- Karla McKinney, Brakebill Nursing and Rehab
- Nikki Walker, The Home Option

Notes / Ideas Discussed:

Action Steps:

- Jill will locate a Dr. at Tennova for community education program

Survey of community members for end-of-life misconceptions

- Stefanie to perform literature review on end-of-life concerns
- Hospitals representatives will attempt to pull data from database
- Use Likert scale to rate anxiety

What does success look like?

- Address heart of issues
- Results need to be measurable
- Educating doctors
- We could be the state's model

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Who address this at hospitals?

- Nurses on admission assessment, though not enough time

Other:

- Program needs to be community sponsored, not UT sponsored
- Suggestions on group name – “The Autumn Initiative”.
- Need to normalize discussion about end-of-life issues
- Discussion about wellness model vs. disease model
- Need cost vs. benefit analysis
- The bottom line is important
- The “Seasons of Life” Theme
- Replicate TVA fair / Theme into our local communities
- Need products to be consistent
- May need to divide goals

Medication Related Care/Education Committee Report

Members in Attendance:

- Karen Clawson, Cherokee Health Systems
- Laura Bullock, UT Medical Center
- Denise Duncan, Summit Medical Group
- Kimberly Girbert, Pharmacy Home Delivery
- Shefali Kimel, Boehringer Ingelheim
- Scott Leslie, Walgreens
- Diane Loher, Tennova Healthcare
- Connie Rust, South College
- Penny Smith, Health Management Associates
- Ron Sherrill, Caremax Meds
- Warren Secrest, Knoxville-Knox Co. CAC
- Patti Thompson, Sweetwater Hospital Association

Notes / Ideas Discussed:

- Education information about resources for medication assistance program for targeted audience (MD’s, RN’s, Financial staff in hospitals, social workers, case management, PCMH care coordinators)
- Plan to disseminate information of organizations to utilize / fax/email blasts through corporations / 2-1-1 / Boards / Group list
- Connect with Healthcare 21 Reducing Readmissions group to connect and join efforts

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- Communicate plan / process for our group
- Work with provider representative within our group (eg. Humana) to help coordinate efforts

Resource Information Shared:

- Fingertipforumulary.com – free on internet and free iphone app
- New seniors in Knox and Blount Co: physicians and nurse practitioners seeing patients in home in HUD / Elderly neighborhoods. Knox = Summit View – (865-675-6444). Unsure of specific insurance coverage requirements)
- Covermymeds.com – help with P.A. information (website for medication assistance)
- RXHope.com (website for medication assistance)
- Needymeds.org (website for medication assistance)
- Salt & Light Group – Compassion Coalition – possible resource

Next Meeting

Thursday, May 23, 2013, 11:00am – 1:00pm
Summit Medical Group Boardroom – The Atrium
1225 E. Weisgarber Road
Knoxville, TN

Respectfully Submitted by:

Dottie Lyvers, East Tennessee Area Agency on Aging and Disability