



MedHere Today

**A Medication Synchronization &
Adherence Program**

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& The Fresh Pharmacy*

Nicole Rosenke, PharmD.

Overview of Current Problem:

- **Patients** like and WANT medication synchronization.... ***When they understand it***
- **Prescribers** benefit from adherent patients
 - Increase in adherence = more easily managed patients
 - Lab improvements
- **Hospitals** benefit from adherent patients
 - Decrease in re-admissions
 - Decrease penalty costs associated

Problem = Medication Non-Adherence

- **Definition: Not taking medication prescribed**
 - Underutilization
 - Not taking at all
 - Taking incorrectly
- **Cost = \$290 Billion Annually**
- **Direct prescriber challenges:**
 - Continued cycle of non-adherence = continuum of care with no benefit to patient
 - Loss of time for other patients
 - Loss of office staff time (calling in Refills, verifying medications with other physicians, etc)
- **Direct pharmacy challenges:**
 - Disjointed communication with prescriber
 - Lack of communication to motivate patient to adhere to medications

Our Pharmacy = Solution

- **Whole-istic** Patient Care combined with MedHereToday Synchronization
 - **Who?** Non- Adherent Patients on >5 medications
 - **What?** ONE day synchronization (same day each month) & in-home **pharmacist** assessment within 30 days of program admission
 - **How?** Referrals from prescribers, hospitals, community, and PBMs
 - **When?**
 - **Proactively – patients on 5 or more medications**
 - **Retroactively – patients that are currently non-adherent “train wrecks”**



Let's take a closer look....

Who? Non-Adherent Patients

- **Behaviors of a non-adherent patient:**

- Missed doses
- Forget if they take med at all
- Refills not on time
- Not starting new Rx at all

- ***WHY are they non-adherent?**

In 51 patients currently served in beta-test, 37 revealed factors effecting their adherence they had not shared with their physicians

What? Medication Synchronization

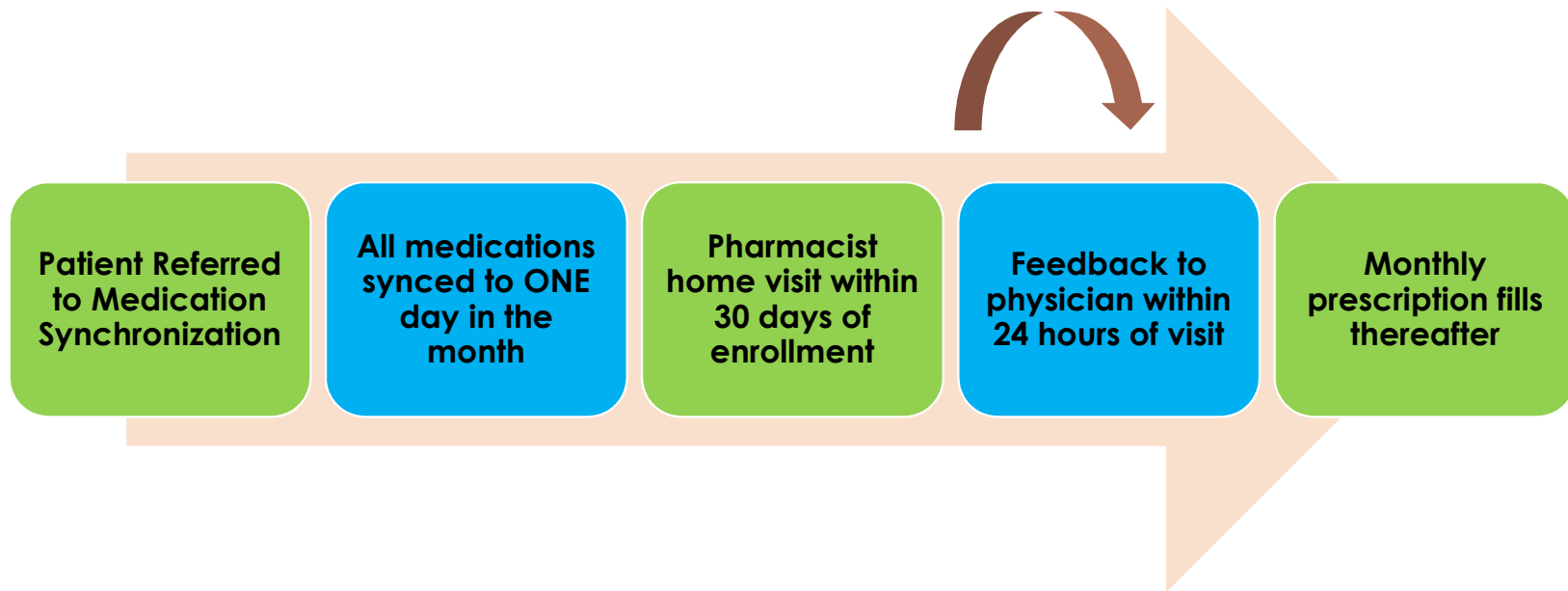
- **Medications are “synced” to ONE day each month**
 - Involves in-house team to communicate with their insurance company
 - Once synced, they will have medications ready for pick-up or delivery SAME day each month
- **Benefits:**
 - Never run out of medication
 - Single trip to pharmacy (or delivery) each month
 - Improved adherence
 - Help managing prescriptions
 - One central set of eyes on this patient's profile monthly
 - Single communication to physicians office monthly – if needed
 - Bubble packing available



Current
Patient's
Care Load

One
Common
Denominator

The Details: Review



Questions & Contact Information

Nicole Rosenke, PharmD.

Pharmacy # 865-988-0000

Cell #865-221-1463

Email: nicolerosenke@gmail.com

(Joe Nowell, JR. Owner)

