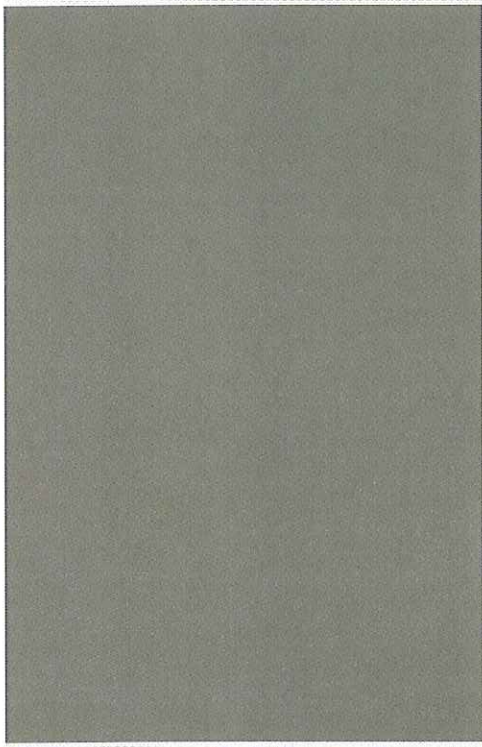




Summit Health Solutions

About Our ACO

2013



What is an ACO?

- An ACO is defined by a group of doctors, hospitals, and other healthcare providers who work together to provide better, more coordinated health care for traditional Medicare patients
- SHS Solutions has over 35,000 traditional Medicare Patients attributed to our ACO

Accountable
Care
Organizations



Summit Health Solutions

About

- SHS was approved by CMS on July 1, 2012 to participate in a Medicare **Accountable Care Organization – Medicare Shared Savings Program**
- The **MSSP** will reward ACOs that lower their growth in health care costs while meeting performance standards on quality of care and putting patients first



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Quality Measures

- **To ensure high quality of care, ACOs will report performance on 33 quality measures; finalized Measures fall into 4 domains:**
 - Patient experience of care
 - Care coordination and patient safety (includes EHR measure)
 - Preventive health
 - At-risk populations



About

- **Summit Health Solutions ACO** is a wholly owned subsidiary of **Summit Medical Group**
- SHS is partnered with Covenant Health & Tennova Hospital systems (13 total)



Covenant
HEALTH



Summit Health Solutions



About

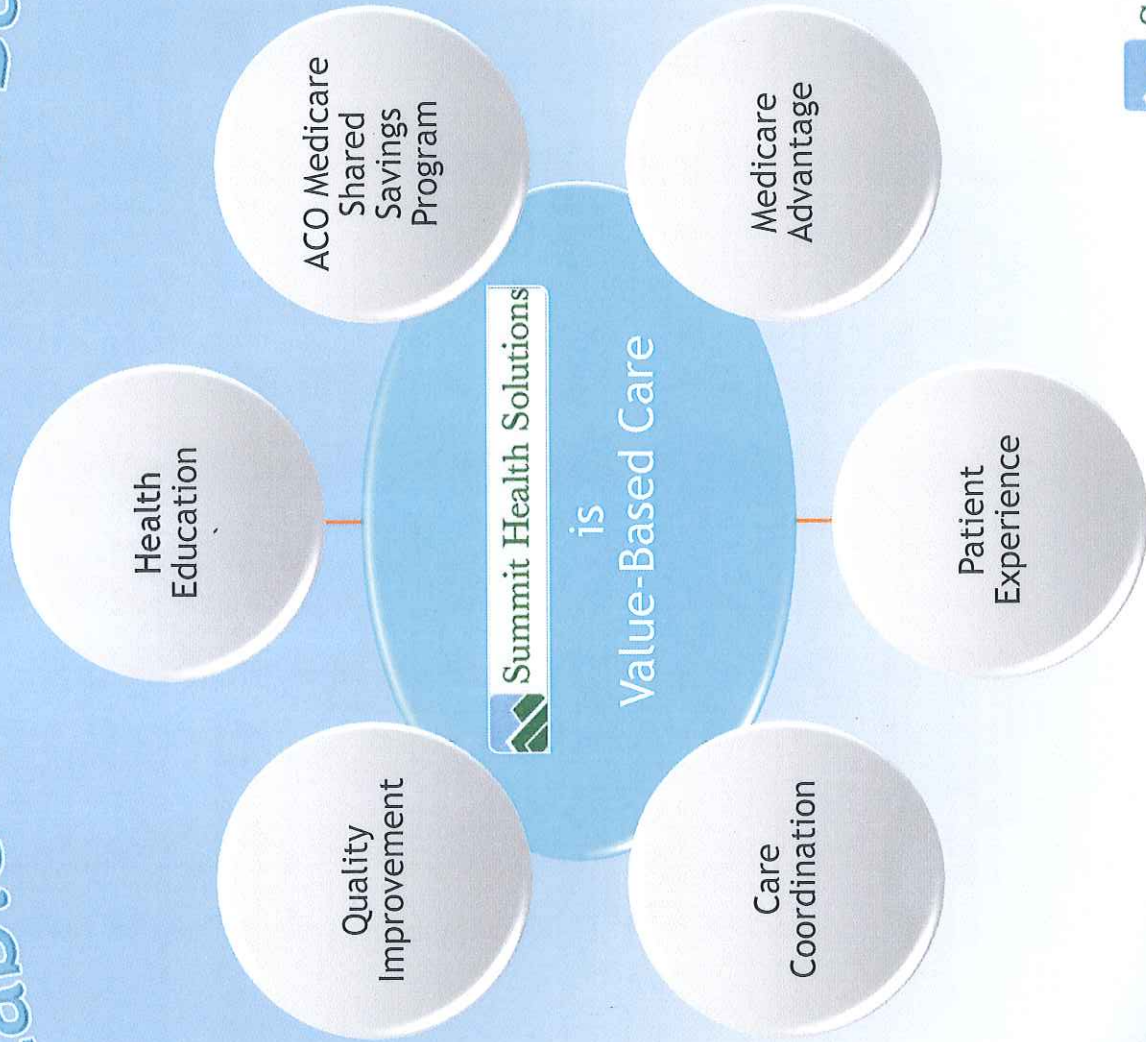
- SMG is a physician owned for-profit organization that provides primary care services for over 300,000 patients
- SMG is the largest physician group in east-TN with over 220 physicians serving patients in over 50 practice sites



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As fee for service fades...

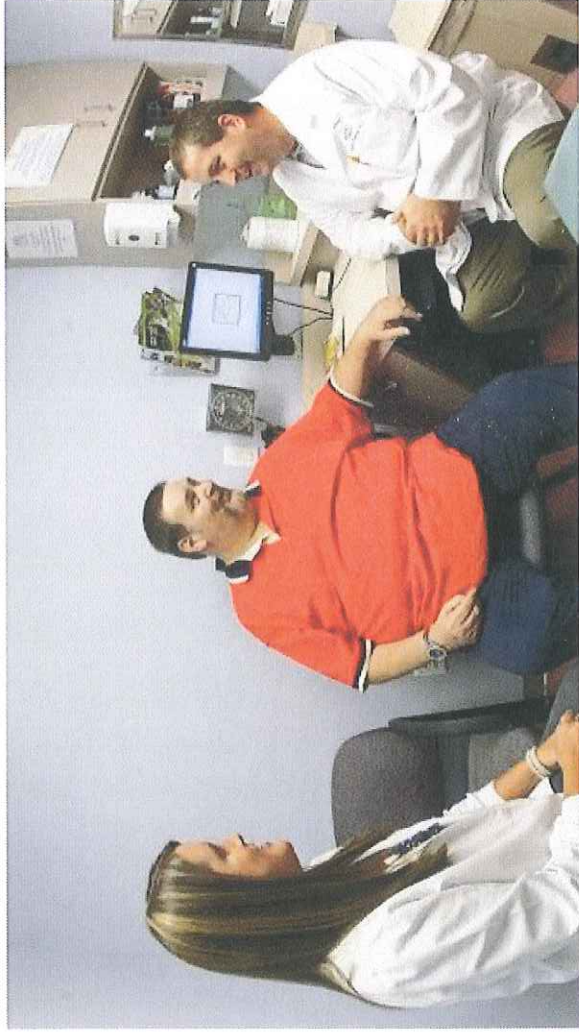
Accountable Care is Value-Based Care



Summit Health Solutions

Delivering Coordinated Care

- Care Coordinators are aligned by each Summit practice site/region to assist primary care physicians by coordinating complex, time consuming care processes, and encouraging the chronically ill patient to manage their illness over time



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Care Coordination Cheat Sheet



Care Coordination

Chronic Disease Management for:	
DIABETES	CORONARY ARTERY DISEASE
<ul style="list-style-type: none"> • Diagnosis Education • Nutrition Education • Ongoing Follow Up 	<ul style="list-style-type: none"> • Goal Setting • Assessment of Readiness for Change
HEART FAILURE	OBESITY
<ul style="list-style-type: none"> • Medication Education/Adherence • Physical Activity/Exercise 	
ASTHMA	COPD

Transition of Care:	
HOSPITAL ADMISSIONS	ER VISITS
SKILLED NURSING FACILITIES	SHORT TERM REHAB
<ul style="list-style-type: none"> • Review Discharge Instructions • Assess Resource Needs 	<ul style="list-style-type: none"> • Medication Reconciliation • Coordinate Follow Up Appointment

Just in Time Education:	
NEW DIAGNOSIS EDUCATION	NEW MEDICATION EDUCATION/ADHERENCE
SOCIAL SITUATIONS	PROVIDE COMMUNITY RESOURCES



Health Education

- Health Education offers group classes with evidence based guidelines and action-oriented patient goals. Topics Include:
 - **Diabetes**
 - **Smoking Cessation**
 - **HF**
 - **COPD**



Stats (as of 8/2/2013)

- 27 Care Coordinators and Social Workers (5) cover all Summit regions/sites
- 7,700 unique patients in 2013 (\approx 10% total Medicare pop)
- Over 2,500 physician referrals in 2013
- Care Coordination infrastructure is meeting the design goals in relation to # of staff and # of high risk patients outreached
- CC will continue to develop processes to ensure Summit's high risk patients receive the right care, in the right place, at the right time

